

# Scouts - Personal Kit List

The following list is only a suggestion of personal kit items that could be brought to camp.

**We expect that all Scouts should be able to decide for themselves what they need.**

**Scouts should pack their own bags**, allowing them to know at camp, what they have and where it is ☺.

For most camps it is generally better to pack personal kit items in a large holdall rather than a large rucksack, this is because holdalls are much easier to stow on transport than overfilled rucksacks. A day sack is a separate item and is needed at most camps!!

## PERSONAL KIT ITEMS - FOR GENERAL CAMPING

### UNIFORM

- Full Uniform to be worn on the journey  
(*unless advised differently*)
- Coat Hanger (Summer Camp only)

### CLOTHING for time away

- Outer layer
  - Waterproofs (see comments)
  - Warm Coat
- Warm (outer) layer
  - Fleece jacket or Sweatshirt
  - Trousers
  - Shorts (summer)
- Mid layer
  - Shirts/Blouses/Tops
  - Tee-shirts
- Base layer
  - Socks & Walking socks (see footwear)
  - Underwear
  - Thermal undies (winter)
- Footwear (see comments)
- Wrist watch
- Swimming costume  
(*Summer camp & water activity camps*)

### NIGHT KIT

- Sleeping bag and pillow (see comments)
- Substantial sleep/roll mat. Self-inflating mattress (thermarest/vango) are recommended  
**\*\* Thin yoga mats are NOT allowed \*\***.
- Night wear (Pyjamas)
- Torch and spare batteries

### WASHING KIT

- Shampoo,
- Soap & Flannel
- Toothbrush & Toothpaste
- Comb
- Towel/s (for washing & showering)  
(*extras towels are required for water activities etc*)
- Plastic bags for dirty washing

### EATING ITEMS

- Knife/Fork/Spoon
- Unbreakable Dinner plate (20cm) & Pudding bowl
- Unbreakable Mug (for hot drinks)
- Tea towels (1 per day at camp)

### GENERAL ITEMS

- Large holdall (packed with your clothes!)
- Day sack (see comments)
- Robust water bottle - 1 litre (see comments)
- Robust Lunch box for packed lunches  
*this will get used a lot, especially at Summer Camp!*
- Sun cream (High Level 25+)
- Sun hat / Baseball cap / Sun glasses
- Insect repellent
- Insect bite cream
- Warm Woolly hat (winter)
- Gloves (winter)
- Lip Balm
- Pen/paper/pencils etc.
- Personal First-Aid kit
- Packs of tissues

### COMMENTS

#### Waterproofs

A full set of waterproofs (jacket and over-trousers) is required at all camps and a warm fleece for the evenings is recommended.

#### Water Bottle - 1 litre

One litre bottles are recommended, as an absolute minimum 500ml, anything smaller is not sufficient.  
*Note water bottles need to be a proper reusable Water bottles, disposable plastic drinks bottles are NOT allowed.*  
A hydration bladder (Camelbak/Platypus) may also be used with suitable day/rucksacks.  
Unbreakable thermos flasks for hot drinks of similar size may also be used (especially in winter).

#### Day sack

A comfortable day sack (25/30 litre) suitable for carrying a packed lunch, waterproofs, water bottle etc on hikes and while attending activities is needed.

#### Footwear

- Shoes/Trainers (for travelling)
- Walking boots (or stout shoes).
  - Walking boots are recommended for all camps, as there will be an amount of walking just to get around the campsite.
  - Walking boots are required when using an axe or saw.
- Walking Socks, we recommend that two pairs of thick walking socks are worn with boots.

*Please ensure everything is clearly and robustly labelled, makes sorting out any post-camp mix-ups much easier!*

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### Sleeping bag

Summer conditions and indoor camps	2/3 Season bag	
Spring/Autumn conditions	4 Season bag	Alternatively a summer bag plus blankets.
Winter conditions	5 Season bag	4 season bag plus thermal liner.

- Footwear options:

Spring & Autumn camps	Walking boots or wellies. Trainers generally not suitable at these times of the year especially when the ground is wet.
Summer Camps (Weeks)	Walking boots required. Trainers may be worn at camp when dry.
Outdoor Winter camps	Walking boots or wellie boots are required. Trainers are not suitable.
Indoor Winter camps	Walking or wellie boots required while outside. Trainers/slippers may be worn inside.

Light weight clogs or flip-flops etc may only be used when going to the toilet at night (unless it's very wet!).

Note this type of footwear is NOT allowed or safe for normal camp activities.

*Please ensure everything is clearly and robustly labelled, makes sorting out any post-camp mix-ups much easier!*